

## Maryville presents: A Success Story About "Ed" (as told by the Peer Recovery Specialist)



"Ed" came to Maryville for detox and residential services in August 2022. This wasn't his first visit to Maryville. Ed had been admitted on multiple occasions beginning in 2018. In each case, Ed relapsed shortly after discharge. His counselor knew he needed a different approach and referred him to Maryville's community recovery support services program.

Initially, Ed was reluctant to share his story or participate in any in-depth conversation. By the end of his 30-day inpatient stay, Ed and I had made a connection; he was more open and comfortable with sharing. We worked together on his recovery plan during which time he decided to discharge to a sober living home in Paulsboro.

During his first three months out of treatment, we met in person each week. I connected him to a primary care provider in Woodbury. I brought him to local NA meetings, which he continues to attend, and connected him to sober support networks. I helped him acquire an ID. He studied for, and received, his driver's permit and is preparing to get his license. Today, Ed remains in sober living. He works full-time at the Amazon warehouse, and we continue to have regular supportive contact.