

## A 2022 Success Story for... Maryville Addiction Treatment Center



JM entered Maryville's Williamstown facility in late 2020 for treatment of opioid and alcohol addiction resulting from chronic pain. He was homeless and had lost his family, his employment as a steel worker, and his driver's license due to his substance abuse. Upon completing detoxification and short-term treatment, JM agreed to participate in CPRS (community peer recovery support) services. Scott, JM's assigned CPRS, helped him secure housing at a sober living home, where he remained for six months in order to build some stability before living on his own. JM really engaged in the Community Recovery Support Services program, seeing the improvements in his life as he implemented different stages of his recovery plan and met the goals he had identified. More than a year later, JM is living in his own apartment and has been gainfully employed as a construction worker since his first month of sober living. He is still actively working on his recovery, with a solid support system in place and continued communication with his Maryville CPRS. To help manage his chronic pain, he incorporates regular exercise and guided meditation into his daily schedule. Most important to him, JM has re-established relationships with his adult children.