

A Success Story submitted by HollyDELL showcasing: KRYSTAL



Krystal is a young woman with multiple disabilities and complex medical needs who lives at home with her mother and is supported by a loving extended family. She attends the HollyDELL Adult Program five days a week, where she receives individualized support with activities of daily living and nursing care as needed.

Krystal enjoys her day program and arrives each morning smiling and eager to participate. Through regular engagement, she has developed meaningful relationships with her peers and support staff. Her social skills have improved significantly, and she now independently greets others and takes part more actively and appropriately in social interactions.



Community inclusion is an important part of Krystal's program. She participates in outings such as visits to the aquarium, museums, parks, the zoo, bowling and stores. Most recently, she attended a trip to Duffield's Farm, where she enjoyed the hayride and pumpkin picking.

Krystal's mother reports the program has had a positive impact on both Krystal and their family. Activities that were once very difficult, such as shopping, are now manageable. She notes that Krystal is more outgoing and benefits medically from the program's fitness and community activities.

United Way's support of this program helps Krystal remain healthy and engaged.