

A 2022 Success Story for... HollyDELL



Christina D. is an enthusiastic young lady who attends our G.O. adult day program. She lives at home with her family and is independent in many of her daily living skills. She requires guidance and supervision to ensure safety as she fully participates in the activities she enjoys. Christina is very social and enjoys interactions with others. She readily tries new things and is always willing to help her peers. Participation in a day program offers her the opportunity to explore new prevocational activities such as baking or cooking, computer use, craft work, artwork, music, science and reading groups. She particularly enjoys parties and the preparation required for an event. Presently, she is helping with the details of our fundraising cookbook.

Christina truly enjoys the Community Based Involvement Program. She participates in a Get FIT exercise class at Rowan University each week. She also attends various outings such as bowling, mall trips, lunch outings, as well as museum and zoo visits. She states that her favorite activities are the Rowan Get FIT program and shopping at the mall. Involvement with peers in the G.O. Program provides Christina with a safe and structured environment in which she can explore new possibilities.

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