

## HollyDELL Presents: A Success Story About Sarah C.



Sarah C. is an active young lady who has intellectual as well as physical disabilities and attends the HollyDELL Adult Program five days per week. She ambulates independently but has balance limitations as well as limited verbal skills. She lives at home with her parents and requires assistance with most of her daily living skills. She requires guidance and supervision to ensure her safety as she fully participates in the activities she enjoys. Sarah is very sociable and enjoys interacting with others.

Sarah's parents report that they are grateful she can be independent in a safe and productive environment. Her mother explains that, "Participation in the programs offers Sarah the opportunity to attend community events and experience volunteering while at the program. Along with her peers and staff, Sarah learns life skills in a functional environment. An example would be menu planning. She helps staff write a shopping list, goes out to the grocery store, and selects and purchases items. They then return to the program to complete the task. Possibly, one of Sarah's greatest benefits from the program is the wonderful friendships and bonds made with peers and staff. This would not be possible otherwise."