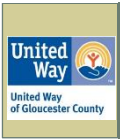


ROBINS' NEST

Older Adult Services



A Success Story About..."J"



J is a 16-year-old with a rare medical condition. Life consisted of doctor appointments, trial drugs with multiple side effects, and debilitating setbacks. J's chronic illness led to social isolation. J was angry.

J's projection of anger was directed towards peers, doctors, and teachers.

But, mostly with Mom. J had associated his disease with mom since she was the one who took J to all the doctor appointments and managed J's disease. J was acting out in doctor appointments and disrupting the office staff, which was a problem since doctors needed J's cooperation in order to be successful. J was acting out in school as well.

With the assistance of United Way funds, J began to attend therapy and work through the anger using cognitive behavioral therapy. J began to understand it was okay to be angry at the medical condition, but not towards the people who loved and cared for J. With a great deal of hard work, J began to overcome the anger. J began to cooperate with the doctors and teachers. J no longer isolates and has become increasingly social. J and Mom are able to communicate more effectively and Mom reports less anger and stress in the home.