

...is proud to present this success story about... "Robert"



Robert (name has been changed) is a 39-year-old single Caucasian male. At the age of 13, Robert reported that he began to hear auditory hallucinations telling him to kill himself. By the age of 15, he was having severe mood swings. He has a history of four psychiatric hospitalizations between 1993 and 1998 for anorexia, for auditory hallucinations, and for suicidal and homicidal ideation after a physical argument with his father. He came to NewPoint in 2001 at the age of 22 with a diagnosis of Schizoaffective Disorder, living with his parents and working as an electrician apprentice. Robert entered individual psychotherapy until 2002, when he was transferred to Medication Monitoring only. Robert has been successfully maintained on Zyprexa, Neurontin and Wellbutrin, with occasional small dose changes since that time. He continues to occasionally hear auditory hallucinations telling him what other people say about him, but they have not told him to commit suicide in many years. Robert can identify that the auditory hallucinations occur more when he is tired: he is able to cope with them successfully and is no longer bothered by them. Robert also actively takes care of his physical health through visits to his medical doctor and through regular water therapy at the local gym for knee and back pain. He has been able to live in his own home, and maintain a job as a successful electrician for many years since finishing his apprenticeship, and has maintained this stability for 17 years now.

