

A Success Story About... "MJ"

"MJ", a 39 year old female, was seen for a routine exam and continuation of her progestin only birth control pills. MJ missed her previous annual exam and was told she could not receive any more pills until she had her annual exam. MJ did not indicate any problems or complaints with the intake nurse. A clinical breast exam is part of the annual gynecological exam in age-appropriate women.



Upon inspection of MJ's left breast it was obvious there was a problem. The clinician asked MJ if she had noticed changes in her breast, she indicated she did but just thought it was a cyst. As a result of the clinical exam and findings, MJ was referred for and received a breast mammogram, breast ultrasound and had biopsies of the discovered mass performed.

MJ has now been diagnosed with breast cancer and has been referred to a local breast surgeon for management and treatment. Her prognosis appears good.

Had MJ not sought routine gynecological care at FamCare, her breast mass might not have been identified and diagnosed for quite some time.