



## Registration Information

Registration begins at 8:00AM • Race starts at 9:00AM

\$30 individual fee

\$25 per individual for running groups/teams over 4

\$20 per individual for running groups/teams over 10

\$15 student runner discount (valid student id)

\$50 Family 1 mile SUPER course registration fee (up to a family of 4, must include at least 1 child under 17 years of age)

**\*Entries rec'd by 5/19/17 includes t-shirt**

Checks payable to: United Way of Gloucester County

Send form & check to: 454 Crown Point Rd., Thorofare, NJ 08086

Or register online @ uwgcnj.org

This is a **TRAIL RUN** at Rowan College at Gloucester County, 1400 Tanyard Rd., Sewell, NJ 08080  
Race begins and ends near tennis courts at RCGC.

\*No pet sidekicks, please!

## Awards

Top Runner - free entrance to 2017 race • Awards given to the top two male and female runners in the following categories: 14 & under, 15-24, 25-34, 35-44, 45-54, 55-64, 65+ • Award given to top team

## LIVE HEROIC 5K/1 Mile SUPER Course

With this entry, I, the undersigned, assume full responsibility for any injury or accident which may occur during the event or while I am on the premises of the event. I hereby release and hold harmless the Township of Sewell, the County of Gloucester, United Way of Gloucester County, Rowan College at Gloucester County, TNT Management, sponsors and race supervisory personnel. I verify that I am physically fit and sufficiently trained for this event and a licensed medical doctor has verified my personal condition. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, recordings, and record of this event.

Name \_\_\_\_\_ Gender \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Signature (or parent's if under 18) \_\_\_\_\_

I'm signing up to: Run Walk    Shirt Size: **Adult** S M L XL XXL OR **Youth** M

**TEAMS - Minimum 4 runners** (Each runner must fill out their own form, this will be used to match you to your teammates)

Team Name \_\_\_\_\_

List teammates \_\_\_\_\_

\$ \_\_\_\_\_ **Hero from Home** - I cannot participate, but would like to make a donation to this worthy cause.